







Excursions





in and from Ålesund

This is your guide to the map of your trip.

During the trip your guide will refer to the numbers in the map and, in this leaflet, you will find comments in your preferred language and some pictures.

Enjoy your trip today, and we hope to see you again next time you are in Ålesund !

Map	Information to this number on the map	
1		<p>Hello, and welcome to this excursion by LocalTrips AS. The trip starts and ends here at our Meeting Point at the cruise terminal. In Norway it is mandatory for bus passengers to wear seat belts. When checked by police, passengers will be fined if they are not wearing seat belts on the bus. Today, you will see many famous places. We will stop in several places where toilets might be available. The bus has a toilet available as well. We sell water (NOK 20) on the bus.</p>
2	<p>On our right hand side we now see the Brusdalsvatnet, which is the drinking water reservoir for Ålesund and several other municipalities in the area. Ålesund is famous for its good drinking water. It's between 33 and 102 meters deep. Swimming and bathing are not allowed in this lake.</p>	
3		<p>Sjøholt is a central point for traffic in the area. All tourists going to Trollstigen and Geiranger, turn right at Sjøholt. Every year there is a popular blues festival in Sjøholt with many international musicians.</p>
4	<p>The mountain between Vestnes and Sjøholt is called Ørskogfjellet, and was previously a famous ski resort for skiing and winter sports. Now, other winter places have taken over this market.</p>	

<p>6</p>	<p>From Vikebukt and across the Tresfjord, we are crossing over a new bridge that was opened in 2016. It reduces our driving time by about 20 minutes, but tolls must be paid and they are quite expensive.</p>	
<p>8</p>		<p>We are now passing the town of Åndalsnes, which has about 2,400 inhabitants, and is also a famous cruise port. From Åndalsnes, there is a train to Oslo via Bjorli, Dombås and Lillehammer. In the summer time they set up a return trip by train for tourists between Åndalsnes and Bjorli, mostly for cruise passengers in Åndalsnes.</p>
<p>10</p>	<p>Next stop is Trollveggen, a famous mountain formation with high mountains all around. The mountain in front is about 1.700 meters high and the steep cliff is about 1.000 meters high. This is the highest vertical cliff in Northern Europe. There are toilet facilities here at Trollveggen. Our stop here is about 20 minutes, so please, return to your bus on time.</p>	
<p>12</p>		<p>Now, we are ready for our included lunch stop at Trollstigen Gjestegård. Trollstigen Gjestegård serves a delicious lunch buffet with one drink (non alcoholic) included. Our stop is about 1 hour, so please, return to your bus after lunch at the appointed time.</p>
<p>14</p>	<p>Trollstigen viewpoint is a famous stop on today's trip. In fact, it is the most visited mountain in this area. There may be many tourists here so we cannot guarantee that there will be vacant</p>	

toilets. Enjoy the view. Our stop is about 40 minutes, so please return to your bus on time.



20



Gudbrandsjuvet is our next stop. A beautiful waterfall which naturally formed a number of potholes over many years. Please be careful, and don't fall in the water. Please be back to your bus on time.

22

Now, we are ready for our lunch at Jordbærstova. A buffet is set up with hot and cold dishes. One non-alcoholic drink is included. We will stop here for about one hour. Please be back to your bus on time.



24



If you love strawberries, you will love Valldal. Valldal has a short and hectic strawberry season. Strawberries are sold in the summer only. We offer a short stop in Valldal, so be back to your bus at the appointed time.

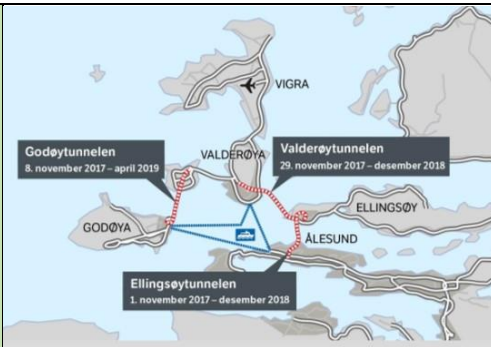
26

We are now passing the ferry port Linge, where there is a ferry to Eidsdal and a road from Eidsdal to Geiranger. In the summertime the crossing is carried out by 4 ferries, but even then, there are long queues and a long waiting period to cross the fjord.

30	<p>We stop on a beautiful viewpoint along the road for a couple of minutes. Be careful, the traffic is heavy here. Please return to your bus on time.</p>
32	<p>Rosekyrkja in Stordal is a fantastic church built in the year 1648. It is, as the name indicates, decorated with rose paintings on the walls and also on the roof. We make a short stop here for about 10 minutes. Entrance is not included in your trip. Please be back to your bus on time.</p>
34	<div data-bbox="565 204 1013 466" data-label="Image"> </div> <div data-bbox="162 555 498 810" data-label="Image"> </div> <p>We are now stopping at Kokarsteinen, a viewpoint and a kiosk along the road. You must try the Norwegian soft ice cream with chocolate. Sooo good ! In old days, Kokarsteinen was used to cook food. Toilet facilities are available. We stop for 10 minutes, so please be back to your bus on time.</p>
40	<p>We will now take you on a different road back to Ålesund via Skodje and Ellingsøy. Your guide will show you the old stone bridges that were used until very recently. Today, your bus will take you over a new bridge built over the same waters.</p>
42	<p>The narrow Taftasund bridge, marks the border of Ålesund city. There are lots of fish in this area because of the strong current of the water stream. Here we may see people fishing from the bridge. The most common fish here is mackerel and saithe/sei.</p>



44



On the left, you may see Ålesund with Fjellstua on top of the mountain. We are now going to take you under Ellingsøyfjorden on the left. There are 3 subsea tunnels in the area indicated with red on the map on the left. These tunnels may take us to the islands of Ellingsøy, Valderøy, Giske, Godøy and Vigra. The Ellingsøytunnel is about 4.500 meters long, and was opened by former King Olav V in year 1986.

50

When we come out of the tunnel again, we are in the middle of Ålesund and close to the Cruise Terminal. It is time to thank you for choosing LocalTrips AS for your excursion today. Please take all your belongings from the bus. Show your boarding card to the security personnel to board your ship. Take care !



52

Vigra Airport is located on the island Vigra. Our international airport Vigra has many flights to domestic and international destinations every day. The runway is a little too short for long haul flights but there are plans to extend it.



60

Magerholm ferry port. We need to take a ferry to cross Storfjorden. It's a much used ferry route, and the trip is about 10-12 minutes. There are plans to build another subsea tunnel here in a few years. In the summertime the queues may be long.

62

Sykkylven with about 7.700 residents, is the furniture capital of Norway. Here we can find brands such as Ekornes, Stressless, Brunstad, Hjellegjerde and many, many more.

64



Stranda Ski Resort. This is a popular Ski Resort with slopes for every level. Today you don't need to think about your ski level. We take you to the top

in a modern gondola lift. The gondolas have up to 8 seats each. On top of the mountain we will serve a buffet with hot and cold food. There is one non-alcoholic drink included with the buffet.

66



Stranda. This is the ferry port to Linge. The ferry takes about 10 minutes to cross the fjord. Stranda is well known for its furniture factories and also for its Pizza. The Grandiosa is most famous. The numbers say that they produce about 50 millions Grandiosa in Stranda every year !!! Fantastic !!! Try it one day.

80



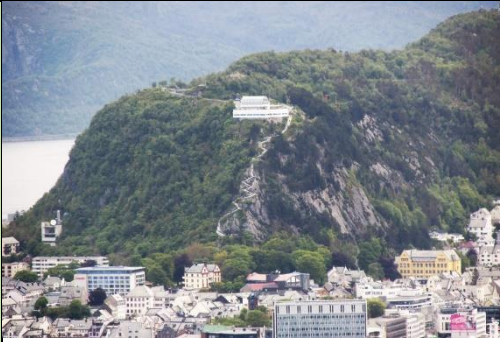
On our right hand side, you will see the famous Giske Church. The church is built of white marble. It was built in the year 1170 and seats up to 125 people. Entrance to the church is not included on your trip.

81

Alnes lighthouse is located to the north of the island Godøy. There is an old lighthouse and a newly built cafe for coffee and cakes and some toilets are available. Entrance to the lighthouse is not included in your trip



82



On the top of the mountain Aksla, we stop 30 minutes at the famous viewpoint Fjellstua. Don't forget to bring your photo camera today. You will need it on Fjellstua. The mountain is not that high, only about 180 meters, but the view is breathtaking.

86	Ålesund Church, built of marbles in 1909, seats 808 guests.
88	Sightseeing through Ålesund City Center and surroundings.
90	Molja Lighthouse, today it's used as hotelroom.
92	Atlanterhavsparken Aquarium, biggest Aquarium in Northern Europe. Both inside and outside attractions.
94	The Waldehuset survived the big fire in Ålesund in 1904
96	Aalesunds Museum is located in the city center on the top of a little hill. You may find it by walking up some steps starting in Korsegata.
97	Jugendstilsenteret, a museum open for public.
98	The Town Hall in Ålesund.